

NY/NJ Course Locations

April 5, 2019 - Long Island, NY
SpringHill Suites - Long Island/Brookhaven
2 Sawgrass Drive • Bellport, NY 11713
Phone: (631) 924-0090

April 7, 2019 - Newark, NJ
SpringHill Suites - Newark Liberty Int'l Airport
652 US Highway 1 & 9 South • Newark, NJ 07114
Phone: (973) 624-5300

Registration Fee
\$269 per person Early Bird
\$299 per person Regular

CALL FOR SPECIAL GROUP DISCOUNTS

Please identify any special needs 5 days or more in advance.

Registration fees cover admission to the course, Dr. Betty Perkins- Carpenter's Book "How to Prevent Falls", "Stretching in Bed" guide, and Continuing Education Certificate for 8 CCHs.

TO REGISTER:

Register online at FallPreventionTrainer.com or call (248) 562-7111.

Cancellation Policy

Cancellations will be accepted up to 72 hours before date of course. Refunds will reflect a \$25 administrative fee. After that date refunds will not be issued. All cancellation requests should be emailed to info@FallPreventionTrainer.com.

Questions?

Contact Customer Service
Fall Prevention Training Services, LLC
(248) 562-7111 or info@FallPreventionTrainer.com

Fall Prevention Training Services, LLC
6632 Telegraph Rd
Suite 200
Bloomfield Hills, MI 48301



"... well done presentation. With 70 million baby boomers getting older, there is a huge need for this product."

- David M., DPT, Beaumont, TX

OTs and Assistants Earn 8 CCHs

Fall Prevention Training Course

The Six-Step Balance System™
By Dr. Betty Perkins-Carpenter

Presented by:



April 5, 2019
Long Island, NY

April 7, 2019
Newark, NJ

Join Our Fall Prevention Training Course - for Occupational Therapists & Assistants, Activity Professionals, and Injury Prevention Advocates

A unique, fun and successful approach to fall prevention! The Six-Step Balance System™ is a powerful program, designed to help individuals prevent falls by practicing a series of fun movements and exercises. Participants discover the body's natural ability to balance, increase leg strength, improve mobility and flexibility and reduce the FEAR of falling.

Course Limited to 20 Attendees



PRESENTER

Sharon Claye

Master Trainer, Six-Step Balance System™
President/Owner, Fall Prevention Training Services, LLC

OTs and Assistants Earn 8 CCHs

Agenda

7:30 - 8:00 am	Registration
8:00 - 9:00 am	Program Overview
9:00 - 10:00 am	Step One, Stretching in Bed
10:00 - 10:15 am	Break
10:15 - 10:45 am	Course Work (Interactive)
10:45 - 11:45 am	Step Two, Balance Exercises
11:45 am - 12:15 pm	Intro to Balance Beam
12:15 - 1:15 pm	Lunch (On Your Own)
1:15 - 2:15 pm	Step Three, Ball Handling Activities Course Work (Interactive)
2:15 - 2:30 pm	Step Four, Walking While Talking on the Phone
2:30 - 3:00 pm	Step Five, Ten Martini Slump
3:00 - 3:30 pm	Course Work (Interactive)
3:30 - 3:45 pm	Break
3:45 - 4:00 pm	Step Six, Dancing with a Pillow
4:00 - 5:00 pm	Practical Application/Problem Solving Course Work (Interactive)
5:00 - 5:30 pm	Final Q&As

"This class offers a fully expanded treatment plan that can be adapted to a multitude of disabilities and diagnostic categories from simple vertigo to full blown dementia."

~ Grace C., OTR, Louisville, KY

Course Objectives

Upon completion of this course, participants will be able to:

1. Describe the Six-Step Balance System™, and the science behind each step;
2. Teach patients how to discover their body's natural ability to balance;
3. Teach patients exercises and strategies to increase their leg strength, improve mobility and reduce the fear of falling; and
4. Describe fall prevention tips and strategies for safety in their environment.

Contact Us

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Bloomfield Hills, MI 48301-3012
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(844) 278-6732

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(248) 209-1748

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info@FallPreventionTrainer.com

Website:

FallPreventionTrainer.com

Facebook:

[Fall Prevention Training Services](https://www.facebook.com/FallPreventionTrainingServices)

"I was immediately able to use your system in my home health physical therapy practice."

~ Marlee A., PT
Winter Springs, FL

NEW YORK: The New York State Occupational Therapy Association (NYSOTA) has approved this course for 8 CCHs.

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