

Information

Florida Course Locations

January 25, 2019 – Miami, FL

Homewood Suites – Miami Blue Lagoon
5500 Blue Lagoon Drive
Miami, FL 33126
Phone: (305) 261-3335

January 27, 2019 – Orlando, FL

Homewood Suites – Orlando Theme Parks
6940 Westwood Blvd
Orlando, FL 32821
Phone: (407) 778-5888

Registration Fee

\$210 per person Early Bird
\$249 per person Regular

Call for Special Group Discounts

Please identify any special needs at least 5 days or more in advance.

Registration fees cover admission to the course, Dr. Betty Perkins-Carpenter's Book "How to Prevent Falls", Stretching in Bed Guide, and Continuing Education Certificate for 8 CEUs.

TO REGISTER:

You may register electronically using a credit card payment by going to FallPreventionTrainer.com/register-now/ or by calling (248) 562-7111

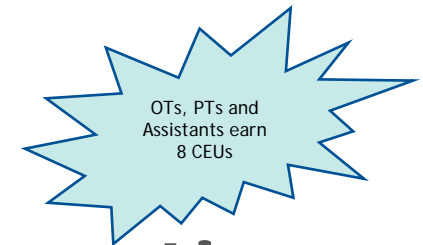
Cancellation Policy

Cancellation or refund requests will be accepted up to 72 hours before date of course. Refunds will reflect a \$25 cancellation/ administrative fee. After that date refunds will not be issued for any reason. All requests for cancellations should be emailed to info@FallPreventionTrainer.com.

Questions?

Contact Customer Service
Fall Prevention Training Services, LLC
6632 Telegraph Road, Suite 200
Bloomfield Hills, MI 48301-3012
Phone: (248) 562-7111
Facsimile: (248) 209-1748
Email: info@FallPreventionTrainer.com

Fall Prevention Training Services, LLC
6632 Telegraph Road, Suite 200
Bloomfield Hills, MI 48301-3012



Fall Prevention Training Course

The Six-Step Balance System™
By Dr. Betty Perkins-Carpenter



January 25, 2019

Miami, FL

January 27, 2019

Orlando, FL

Presented by
Fall Prevention Training Services, LLC

Plan now to join us for a course for Occupational & Physical Therapists, Assistants, Activity Professionals, and injury prevention advocates*.

Description

A unique, fun and successful approach to fall prevention! The Six-Step Balance System™ is a powerful program, designed to help individuals prevent falls by practicing a series of fun movements and exercises. Participants learn to discover the body's natural ability to balance, increase leg strength, improve mobility, flexibility and reduce the FEAR of falling.

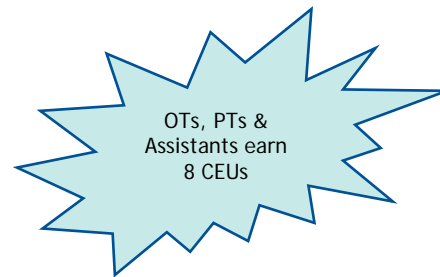
* Course Limited to 20 Attendees

Presenter

Sharon Claye

Master Trainer, Six-Step Balance System™

President/Owner, Fall Prevention Training Services, LLC



Agenda

7:30 – 8:00 am Registration

8:00 – 9:00 am Program Overview

9:00 – 10:00 am Step One, Stretching in Bed

10:00 – 10:15 am Break

10:15 – 10:45 am Course Work (Interactive)

10:45 – 11:45 am Step Two, Balance Exercises

11:45 am – 12:15 pm Intro to Balance Beam

12:15 - 1:15 pm Lunch (On Your Own)

1:15 – 2:15 pm Step Three, Ball Handling
Activities Course Work (Interactive)

2:15 – 2:30 pm Step Four, Walking While
Talking on the Phone

2:30 – 3:00 pm Step Five, Ten Martini Slump

3:00 – 3:30 pm Course Work (Interactive)

3:30 – 3:45 pm Break

3:45 – 4:00 pm Step Six, Dancing with a Pillow

4:00 – 5:00 pm Practical Application/Problem
Solving Course Work (Interactive)

5:00 – 5:30 pm Final Q&As

Course Objectives

Upon completion of this course, participants will be able to:

1. Describe the Six-Step Balance System™, along with the science behind each step;
2. Teach patients how to discover the body's natural ability to balance;
3. Teach patients exercises and strategies to increase their leg strength, improve mobility and reduce the fear of falling; and
4. Describe fall prevention tips and strategies for safety in their environment.

Contact Us

Fall Prevention Training Services, LLC
6632 Telegraph Road, Suite 200
Bloomfield Hills, MI 48301-3012

Telephone: (844) 2-STOP FALLS or
(844) 278-6732

Facsimile: (248) 209-1748

Email: info@FallPreventionTrainer.com

Website: FallPreventionTrainer.com

Facebook: [Fall Prevention Training Services](https://www.facebook.com/FallPreventionTrainingServices)



FLORIDA: This course has been sanctioned by the Florida Occupational Therapy Association (FOTA) for 8 contact hours. Sanctioning of this course does not imply endorsement of specific content, products or clinical procedures by FOTA. Course #20-633350.

The Florida Board of Physical Therapy Practice has approved this Course #20-576771 for 8 contact hours.

NCCAP: NCCAP pre-approved for 8 Clock Hours, Number NCCAP50041-19, expires 9/15/19.