

Information

Arkansas & Texas Course Locations

August 10, 2018 – Little Rock/Bryant, AR

Holiday Inn Express Bryant/Benton
7224 Alcoa Road
Bryant, AR 72015
Phone: (501) 778-8400

August 12, 2018 – Dallas/Lewisville, TX

Hampton Inn & Suites – Dallas/Lewisville
2650 Lake Vista Drive
Lewisville, TX 75067
Phone: (972) 315-3200

Registration Fee

\$210 per person Early Bird
\$249 per person Regular

Call for Special Group Discounts

Please identify any special needs at least 5 days or more in advance.

Registration fees cover admission to the course, Dr. Betty Perkins-Carpenter's Book "How to Prevent Falls", Stretching in Bed Guide, and Continuing Education Certificate for 8 CEUs.

TO REGISTER:

You may register electronically using a credit card payment by going to FallPreventionTrainer.com/register-now/ or by calling (248) 562-7111

Cancellation Policy

Cancellation or refund requests will be accepted up to 72 hours before date of course. Refunds will reflect a \$25 cancellation/ administrative fee. After that date refunds will not be issued for any reason. All requests for cancellations should be emailed to info@FallPreventionTrainer.com.

Questions?

Contact Customer Service
Fall Prevention Training Services, LLC
6632 Telegraph Road, Suite 200
Bloomfield Hills, MI 48301-3012
Phone: (248) 562-7111
Facsimile: (248) 209-1748
Email: info@FallPreventionTrainer.com

Fall Prevention Training Services, LLC
6632 Telegraph Road, Suite 200
Bloomfield Hills, MI 48301-3012



Fall Prevention Training Course

PTs and Assistants
earn 8 CCUs

The Six-Step Balance System™

By Dr. Betty Perkins-Carpenter



August 10, 2018
Little Rock, AR

August 12, 2018
Dallas, TX

Presented by
Fall Prevention Training Services, LLC

Plan now to join us for a course for Physical Therapists & Assistants, Activity Professionals, and injury prevention advocates.

Description

A unique, fun and successful approach to fall prevention! The Six-Step Balance System™ is a powerful program, designed to help individuals prevent falls by practicing a series of fun movements and exercises. Participants learn to discover the body's natural ability to balance, increase leg strength, improve mobility, flexibility and reduce the FEAR of falling.

Presenter

Sharon Claye

Master Trainer, Six-Step Balance System™

President/Owner, Fall Prevention Training Services, LLC



Agenda

- 7:30 – 8:00 am Registration
- 8:00 – 9:00 am Program Overview
- 9:00 – 10:00 am Step One, Stretching in Bed
- 10:00 – 10:15 am Break
- 10:15 – 10:45 am Course Work (Interactive)
- 10:45 – 11:45 am Step Two, Balance Exercises
- 11:45 am – 12:15 pm Intro to Balance Beam
- 12:15 - 1:15 pm Lunch (On Your Own)
- 1:15 – 2:15 pm Step Three, Ball Handling Activities Course Work (Interactive)
- 2:15 – 2:30 pm Step Four, Walking While Talking on the Phone
- 2:30 – 3:00 pm Step Five, Ten Martini Slump
- 3:00 – 3:30 pm Course Work (Interactive)
- 3:30 – 3:45 pm Break
- 3:45 – 4:00 pm Step Six, Dancing with a Pillow
- 4:00 – 5:00 pm Practical Application/Problem Solving Course Work (Interactive)
- 5:00 – 5:30 pm Final Q&As

Course Objectives

Upon completion of this course, participants will be able to:

1. Describe the Six-Step Balance System™, along with the research and science behind each step;
2. Teach patients how to discover the body's natural ability to balance;
3. Teach patients exercises and strategies to increase their leg strength, improve mobility and reduce the fear of falling; and
4. Describe fall prevention tips and strategies for safety in their environment.

Contact Us

Fall Prevention Training Services, LLC

6632 Telegraph Road, Suite 200

Bloomfield Hills, MI 48301-3012

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(844) 278-6732

Facsimile: (248) 209-1748

Email: info@FallPreventionTrainer.com

Website: FallPreventionTrainer.com

Facebook: [Fall Prevention Training Services](https://www.facebook.com/FallPreventionTrainingServices)



ARKANSAS: This activity has been approved by the Arkansas State Board of Physical Therapy for 8 contact hours.

TEXAS: This activity has been approved by the Texas Board of Physical Therapy Examiners for 8 CCUs for PTs and PTAs.

NCCAP: NCCAP pre-approved for 8 Clock Hours, Number NCCAP50041-18, expires 7/6/18.